

**Women and children  
have the right to live  
free from  
domestic violence,  
abuse and fear.**

**For a free, confidential service, contact:**

Helpline: **0121 685 8550**  
**0800 0732 606**

Minicom Users: **0121 685 8519**

Women's Safety Unit  
Outreach & Counselling: **0121 685 8687**

Family Support: **0121 685 8551**



## **DOMESTIC VIOLENCE**



**Are you afraid of your partner?**



**Does your partner constantly check up  
on you, make it difficult for you to see  
family and friends, withhold money, food  
or affection from you?**



**Are you worried that your children  
are affected?**

**Whether you have experienced physical, sexual or  
emotional abuse, you do not have to suffer alone.  
Birmingham & Solihull Women's Aid can help.**

 **0800 0732 606**

# If you are experiencing domestic violence,

Birmingham & Solihull Women's Aid will **listen** to you, **believe** you and offer you the **support** and **information** you need. Whatever your concerns, we can provide telephone and face-to-face services, whether you are living in your own home, staying with family or friends or in one of our refuges.

We can help you with . . .



**Money & Benefits**



**Support at Court and Legal Information**



**Children & Parenting**



**Support, Advice and Information Helpline**



**Therapeutic Counselling**



**Housing & Home Security**



**Birmingham & Solihull  
Women's Aid**

You can ring **0800 0732 606** and talk to a specialist worker in confidence. You can just talk about how you're feeling or discuss your options, find out about our services and get information on, and referral to other agencies.